

# 100-Pounder Business Meeting

February 5, 2024

**1. Welcome to the group conscience meeting** of the 100 Pounders' group of Overeaters Anonymous. My name is Darrin H, and I am a compulsive eater and the sub chair of this meeting."

## 2. Serenity Prayer

"Will those who wish to, please join me in the Serenity Prayer:  
God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference."

## 3. Reading of the Twelve Steps - Ruth

## 4. Establishing Ground Rules

"The purpose of this meeting is to make decisions that affect our group. I encourage everyone here to participate. If a matter comes to a vote and you do not attend our meeting regularly or do not plan to, please consider whether it would be reasonable for you to vote. However, we welcome everyone's viewpoint; we can all learn from one another. Please remember Tradition Five: 'Each group has but one primary purpose—to carry its message to the compulsive overeater who still suffers.' Therefore, anything we decide at this meeting must reflect that purpose. No matter what we believe as individuals, we must be united in our purpose to carry our message as best we can to the compulsive overeater who still suffers. That person is our focus. May we do our best for him or her."

## 5. Minutes from Previous Meeting - Cee

- Correction - It was Jessica, not Kathy , who led the discussion about length of service
- Motion to accept minutes with that one correction - Sue S
- Properly seconded
- Verbal vote - 0 Nays
- Minutes stand with one correction as noted

## 6. Treasurer's Report - Sue S emailed prior to meeting

January 2024:

Beginning Balance:	584.71
Contributions: 108.00	
Minus PayPal Fee - <u>6.56</u>	
-	<u>101.44</u>
	686.15
Donations	
Virtual IG	<u>-175.41</u>
Ending Balance 1/31	510.75

Donations still to be made:

Virtual Region: 58.47

OA.org: 116.94

175.41

Remaining balance

**335.34**

- Motion to accept - Linda R
- Second - Kathy T
- Verbal nays to reject minutes - 0
- **Treasurer's report is accepted, subject to audit**

## 7. Old Business

Moderator and Moderator Coordinator Qualifications Committee - Kathy T

- Must be working 12 steps
- Be respectful
- Communicate well especially in difficult situations
  
- Motion to accept Moderator qualifications - Kathy T
- Second - Rena
- Verbal nays to reject minutes - 0
- **Motion to accept new moderator qualifications carried with 1 nay vote**

Moderator Coordinator (Kathy T)

- Completed OA steps and living in steps 10-12
- Has moderator experience . . . **MORE (KATHY T)**
  
- Motion to accept Moderator COORDINATOR qualifications - Lisa
- Second - Jessica
- Verbal nays to reject minutes - 0
- **Motion to accept new moderator qualifications carried with 1 nay vote**

## 8. New Business

Agendas

- January and February agendas are posted on website
- January 2024 minutes will now be posted after being approved tonight

Podcast Site Renewal

- \$108 is now due for Podbean podcasts
- We've had 20K downloads over the past year, averaging over 100 a day
  
- Motion to renew podcast funding @ \$108 per year - Sue S
- Second - Cee
- Vote conducted by virtual raised hands (\*5)
- 11 in favor, 0 against, 33 abstained

- **Motion carried**

Kathy T leaving Moderator Coordinator role as of March 31, 2024

We will vote for a new moderator coordinator at our March business meeting

If you wish to place an item on the agenda for the next business meeting, please contact Darren H no later than 2 days before that meeting. His number is 626-780-3224. Reminder - The minutes approved at tonight's meeting will be posted on the website.

## **9. Closing**

Motion to close meeting - Mary S

Second - Jessica

Adjourned 9:44 PM ET