

# 100-Pounder Business Meeting

## April 1, 2024

1. **Welcome to the group conscience meeting** of the 100 Pounders' group of Overeaters Anonymous. My name is Darrin H, and I am a compulsive eater and the chair of this meeting."

### 2. Serenity Prayer

"Will those who wish to, please join me in the Serenity Prayer:

God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference."

### 3. Reading of the Twelve Steps - Julie (NY)

### 4. Establishing Ground Rules

"The purpose of this meeting is to make decisions that affect our group. I encourage everyone here to participate. If a matter comes to a vote and you do not attend our meeting regularly or do not plan to, please consider whether it would be reasonable for you to vote. However, we welcome everyone's viewpoint; we can all learn from one another. Please remember Tradition Five: 'Each group has but one primary purpose—to carry its message to the compulsive overeater who still suffers.' Therefore, anything we decide at this meeting must reflect that purpose. No matter what we believe as individuals, we must be united in our purpose to carry our message as best we can to the compulsive overeater who still suffers. That person is our focus. May we do our best for him or her."

### 5. Minutes from Previous Meeting - Cee

- Motion to accept minutes as read by Sue S
- Properly seconded - Lynn
- Voice vote - 0 Nays
- Minutes stand as read

### 6. Treasurer's Report - Sue S emailed prior to meeting on 4/1/2024

3/1/24 Beginning Balance:		\$ 300.13
Contributions:	138.00	
Minus PayPal Fee:	<u>- 7.92</u>	
Total Contributions:		<u>130.08</u>
<u>3/31/24</u> Ending Balance:		\$ 430.21

- Motion to accept - Kathy T
- Second - Mary S
- Voice vote - 0 Nays
- Treasurer's report is accepted, subject to audit

### 7. Report from March Virtual InterGroup (VIG) Meeting - Cee

### 8. Old Business

None

## 9. New Business

### New VIG Rep

Nomination for Sue N (to represent Saturday)

- Sue S nominated Sue N, who accepted the nomination
- Motion made by Mary S
- Second - Lorraine W
- Voice vote - 0 Nays

### New Moderator Coordinator

Nomination for Lynn J

- Kathy T nominated Lynn J, who accepted the nomination
- Motion made by Kathy T
- Second - Sue N
- Voice vote - 0 Nays

### Service Vacancies

- Speaker-getter for Saturday
- Dash monitor for Wednesday
- As of June 1, Sarah H steps down as Speaker-getter Coordinator
- Dash Coordinator
  - Kathy T volunteered to **temporarily** serve as Dash Coordinator until the position is filled
  - Lynn J nominated Kathy to serve as **temporary** Dash Coordinator
  - Mary S made the second
  - Voice vote - 0 Nays

If you wish to place an item on the agenda for the next business meeting, please contact Darrin H no later than 2 days before that meeting. His number is 626-780-3224.

Reminder - The minutes approved at tonight's meeting will be posted on the website.

## 10. Closing

Close with the Serenity Prayer

Motion to close meeting - Mary S

Second - Sue N

Adjourned 9:43 PM ET