

The 100 Pounders Business Meeting

Overeaters' Anonymous Meeting was called to order on March 3, 2025 at 9:00 EST. by Sue S.

1. Serenity Prayer was said in unison.
2. Reading of the Steps by Imelda.
3. Reading of 12 Traditions by April.
4. Sue S. read the ground rules for the business meeting.
5. Minutes from the January 4, 2025 Meeting were read by Kathy T. Kathy T. made a motion to accept the minutes as read.

Nan seconded the motion to accept the minutes as read. Accepted

6. Minutes from the February 3, 2025 Meeting were read by Kathy T. Kathy T made a motion to accept the minutes as read.
Nan seconded the motion to accept the minutes as read.

7. Treasurer's Report for February was presented by Sue S.

Beginning balance \$510.74

Contributions \$78

PayPal fee -\$5.20

Total contributions \$72.80

Balance \$437.94

Donations

WSO \$160.94

virtual region OA \$54.47

total donations -\$175.41

Expenses

Website -\$108

Total expenses \$283.41

Ending balance \$300.13

Motion to Accept was made by Sue S.

Second by Kathy T. Accepted.

8. VIGOA Cee gave a report on the February, 23 meeting.

Dashboard monthly training is held on the third Saturday of the month. The next meeting is March 16. Contact at Cee at Centralmd@gmail.com.

9. Marathons are in pretty good shape. They needed six moderators at the time of the last email.

10. WSC Conference will be attended by Cee and by Charles. Because the meeting is virtual only a registration fee is necessary.

Cee stated if there was anyone that would like to go since VIGOA would pay. The conference dates are from May 4 through the 10th and every delegate is to be at the sessions.

11. The Virtual Region Conference was held on February 28 through March 2. More than 800 people registered as well as probably over 200 people on scholarships attendance. The estimate is over 1000 people because who came in on scholarship, didn't have to register once the convention started. bunch of people came on scholarship and they didn't have to pay and weren't considered in the count.

12. VIGOA has started a new Workshop Committee reported that members are Cherie W, Lisa Dee, Kathy T and Cee and T. The workshops on the first Saturday of each quarter. Further information will be made next month.

13. Virtual group is going to add licenses to the Family Afterwards Zoom account and is going to take over that Zoom account each month.

14. The next monthly meeting of the Virtual Intergroup meeting will be a Zoom meeting.

15. Our Chair is going to contact John to find out what's going on with updates on security because of recent intruders.

16. VIGOA reviewed the WSBC agenda questionnaire, and agreed by vote to send all the proposals except for one that was out of order.

17. Old Business

No one volunteered to be the Speaker Getter Recruiter

18. New Business

Sue S. made a motion to send Contribution 40% VIG, 30 Regional, 30%WSO when contributions reach \$700.00, and keeping a \$200.00 prudent reserve. Kathy T. made a motion to accept the revision of distribution of 100 pounders Seventh Tradition. Sue S. seconded the motion. 7 for and 0 opposed

April 1 for service. Service for Speaker Getters is needed.

19. Closing

Cee Z. made a motion to close the meeting.

Kathy T. seconded the motion.

20. Sue S. closed the meeting with the Serenity Prayer at 8:43 PM EST.