

100 Pounders' Business Meeting
July, 2025

The July 7 100 Pounders' Business Meeting was called to order by Sue S at 9:00 PM EST.

The 12 Steps of Overeater's Anonymous were read by Cindy.

The 12 Traditions were read by Ellen.

Ground Rules were read by Sue S.

Secretary, Kathy T read the June, 2025 Business Meeting minutes. She made a motion to accept the minutes as read. Laura S. seconded the motion. No objections. The minutes were accepted as read.

Treasurer's report:

SueS made Treasurers

Begin balance \$756.58

Pat447.04

210 cont

PPfees

Sue S. makes motion to accept the Treasurer's Report.

Nan seconded the motion

No objections. Treasurer's Report accepted as read.

Cee made VIGOA Report for the month of June 2025

Standing Committees:

Email Group- Sue S.—No new representatives.

Dashboard - Sue S. is working on the Dash with John with much persistence. John wants to make the line secure by adding the S instead of P to the Site and then will work on personal passwords. John has not responded to request to check on someone who thinks she is being targeted by Dash. No one is locked from the meetings. The next training session will be on 3rd Sunday 2pm EST.

Linda R and Sally trained one person during June training.

Marathons -

There were a number of marathons during the month of June. The next marathon is July 4 and then there's not one till September. Attendance reporting indicates on Father's Day one meeting reported 18 present. Summer Soltice and Juneteenth reported between 5 to 8 in attendance. The best reported attendances of the day were at 8AM EDT and 3:00 PM EDT.

WSBC - Cee & Charles

No new information.

Virtual Region Intergroup.

Sherri R. stated most of the time was spent on a discussion and establishment of a new meeting focus classification of Jewish Ethnicity. This is not about religion, but about practices of those who define themselves as Jews.

The longevity terms of the service positions were discussed and were changed by the voting delegates. Each term is three years and a person can serve another 3 year term totaling 6 years total for one position.

Website - Sherri R. updated the Minutes and Treasurer's Report the same day the reports were received. The meetings will be updated to Eastern standard time from Mountain Standard Time.

Workshop Committee -

Lisa Dee was unable to attend this meeting, but sent a report. All speakers and all but 2 backup speakers are confirmed. Charles H. will be functioning as Zoom Security. There were questions about the actual date and flyers and information had been sent out weeks ago.

Policy & Procedure Committee are having trouble finding a good time to meet. Sue S, Linda R and Winnie are on the committee.

Unfinished Business-Sue S

No Unfinished business.

Announcements

1 The next VIGOA Workshop is on October 4th at 11 AM EDT, 10 PM, CDT 9 PM, MDT and 8 AM. PDT. First is the newcomers meeting and then following, the one hour later, the speaker workshop will take place. The topic is Triggers & Temptations: Building a Toolbox for Difficult Moments.

2. Marathon Saturday, June 28 celebration
Friday, July 4 Independence Day

Motion to close was made by Cee and was seconded by Charles H. and with no objection the meeting was closed.

The OA Promise led by Sue S.

SUE S. closed the meeting with the Serenity Prayer.

Carole C. presented the Treasurer's Report as was posted online on June 16,20

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Becky volunteer several positions and left telephone number.

Positions Needed are the Dash coordinator as Nan will be exiting that position on August 1. Lynn J said all positions need to be filled as there are a number of positions are being filled by one person and when they exit service a big hole is left.

New business

Group conscious Policy is that people may share 2 times per week. also, be considerate when claiming seat so new comers and others have a chance to get on.

The next meeting will be the first Monday of August, 2025.

Lynn made a motion to close the meeting. Lorraine W.. seconded the motion. Sue S. closed the meeting with the Serenity Prayer at 9:38 p.m. EST.