

The 100 Pounders Business Meeting of Overeaters' Anonymous was called to order on June 2, 2025 at 9:00 EST. by Sue S..

2. Serenity Prayer was said in unison.

3. Reading of the OA Steps by Joan

4. Reading of the Traditions of OA by Ellen.

4. The Ground rules were read by Sue S.

5. Minutes from the previous meeting on May 5, 2025 were read by Kathy T. Motion to accept the minutes made by Kathy T.

Second, to accept the minutes as read was made by Nan T. There were no objections. The minutes were accepted as read.

6. Treasurer's Report was made by Sue S.

Old Balance \$915.19

Expenses. \$ 365.89

Contributions \$220

New Balance \$ 756.58

Motion to Accept the Treasurer's Report by Sue S

Motion seconded by Sue N. No objections.

The Treasurer's Report was accepted as reported.

VIG Intergroup Report was made by Cee.

Minutes from Meeting of April 27- posted to Google Group 5/14. Kathy T makes a motion to accept the minutes as presented. Sherri R seconded the motion. No objections to the minutes. Accepted as posted.

Treasurer's Report For April: Carole C. Presented the Treasurer's Report as was posted online. Carol C made a motion to accept the Treasurer's Report as presented. Kathy T seconded the motion with no objections, the report was accepted.

Standing Committees:

Email Group- Sue S—No new representatives.

Dashboard - Cee stated there would be a security update from our Chair. There are some problems on the Dash and some problems with the dashboard code so there is a need to change the code. Each dash person would have their own unique code so that when things start to go awry, the committee will know exactly who's doing it. If someone wants dash training

they need to get in touch with Cee, have a referral of some kind and a referral person. The next training session will be on 3rd Sunday 2pm EST.

Marathons - Sherri R advised not much to report. She would like to have feedback on the number of persons who goes to the actual marathon meeting, so determination couldn't be made on which meetings are viable to keep on the calendar.

WSBC - Cee & Charles

The conference was a wonderful spirit of unity and looking out with the good of OA as a whole so the VIG qualifies to have more people representing. There were 199 registered representatives and the Virtual Region attendance in representatives had more than 60% more than from other regions. Next year's conference will be in person in Albuquerque.

Amendment V failed 84 to 93. This means we do not try to convince any member or visitor to adopt a belief in God.

We need to understand as an Intergroup and as groups and meetings the revenue of literature has been the main resource for revenue, but because of the digital age, there is not enough need for literature and so the revenue has been greatly reduced.

V.R.- Sherri R

The Virtual Region will begin on May 31st and goes on all day and all day June 1.

Website - Sherri R updated the Minutes and Treasurers Report the same day received. The meetings will be updated to Eastern standard time from Mountain Standard Time.

Workshop Committee - Kathy

The Workshop Committee could use more members to help plan. The Newcomer Meeting will begin at 11 o'clock Eastern daylight time with an explanation of OA basics followed by questions and answers and then the workshop will begin at 12 o'clock Eastern daylight time on July 5. The topic is from Shame to Serenity. This is a Zoom meeting. The meeting ID number is 84790143147 with the passcode of 164164.

Policy & Procedure Update - Sue stated that the committee would not be able to continue unless there are other people who were interested in serving. Winnie stated she could serve.

Unfinished Business-Sue S

Update on Dash Security. There has been an unidentified communication problem with John. Sue sent John the memorandum that Sherri had written and emailed it to him last week and hasn't heard from him, so a follow up was sent to him in a text on Friday and again on Saturday. No response as of yet.

7. Old Business

100#er Meetings can have up to 7 delegates. Please call Sue S if interested in being a delegate. You can come to the VIGOA meeting as a guest. Meetings normally on the fourth Sunday of the month at 3 PM Eastern time. We are allowed to send 7 representative and Cee and Sue S are the representatives because I need any particular meeting.

We are still looking for moderator for Saturday night. Thursday night coordinator service position. We do have one position as far as I know that needs to be covered. It's Sunday night. Jennifer S is the new Speaker Getter coordinator. Lisa stepped down last month.

8. No New Business

9.. Closing at 828 EDT by saying the Serenity Prayer.