

100 Pounders Business Meeting of Overeater's Anonymous

Chair: Nan T

Secretary: Vickie W

Treasurer: Susan S

- I. Meeting Call to Order Nan T on Monday July 5, 2026 9:00 pm EST by Nan T.
- II. Serenity Prayer was recited in unison.
- III. The 12 Steps was read by Norma W.
- IV. The 12 Traditions was read by Wendy S.
- V. Establishment of Ground Rules was stated by Nan T
- VI. Minutes from Previous Meeting was read by Vickie W.
Motion to accept minutes as read came from Lorraine W.
and Seconded by Norma W.
- VII. Treasurer's Report was read by Sue S. Both May and June Reports were shared and are posted on the OA 100 Pounders Business Page.

Treasurer Report	May	June
Starting Balance	543.05	669.73
Beginning PayPal Balance	169.88	561.33
Contributions	135	895
Fees	8.32	54.76
Total PayPal Contributions	126.68	840.24
Transfer to Bank		
Total PayPal	561.33	688.01
Podbean Fee		
OA 30%		
VR 30%		
VIG 40%		
Service Charge		
Total Expenses		
Ending Bank Account Balance		
Ending PayPal Balance		
Total Ending Balance	669.73	796.41

May --The donations did not meet the minimum requirements to make contributions. June—if there are no other payments to be made, I will be making contributions, 30% of, we keep \$200 Prudent Reserve and

then the \$500 over the \$200, the \$500 is contributed to OA.org 30%, Virtual Region and the Virtual Intergroup 40%.

Motion to accept Treasurer's Report as written was made by Lorraine W. and seconded by Maureen H.

VIII. Old Business

A. Order of Meeting—we were to vote on where we place the newcomers request to share. Request for comments on how it is going since it has been trialed setting aside time for the newcomer to share when it is sharing time:

Lorraine W. and Norma W. both moderated and tried the new order to invites newcomers/returning members to speaker. Norma asked for sponsors first and then asking for newcomers/new to the meeting/returning members to identify themselves. After the newcomers/new to the meeting/returning members identified themselves, then invited the individuals to share. Shares were made and Norma reported receiving positive feedback. Lorraine did the same. She asked the newcomers/new to the meeting/returning members to identify themselves first. Two returning members identified themselves and one shared. She then went to sponsors. Clarification of what newcomers sharing meant. Counterpoint: not all newcomers need to share, but some do need to share. Counterpoint: Script suggesting they attend at least 6 meetings before they commit themselves is not being mentioned. Question if we are getting rid of that section. Response: this section has not been in the script for a while confirmed by both Lorraine and Norma. Response: the newcomer greeting should be reaching out with that information and to ask the

person to identify as a newcomer for at least a month. The 6 meetings portion of the script will be placed on the agenda for August since it is a separate discussion. Norma purposes that after the speaker, to do half time before general sharing. Call for sponsors, and then for newcomers/new to this meeting/returning members to OA, to identify themselves. If someone speaks up, then ask them to share for 3 minutes before the general sharing. Gladys made the motion and it was seconded by Leah J. Clarifications: Change the script right after the speaker or right after half time and it needs to include newcomers/new to this meeting/returning members. Motion on the floor is “that after sponsors are identified and before general sharing, moderators announce are there newcomers/newcomers to this meeting/returning members would they like to share now? And you have 3 mintues.” Counterpoint: try the one way for a month and the other for the second month. Discussion if the placement should be the option of the moderator. Motion made according to the original motion (newcomer to share after half time.) Lorraine W. motioned the above and seconded by Gladys H. Vote was 15 in favor and 2 opposed.

IX. New Business

Motion for new business by Norma W. Seconded by Gladys H.

- A. If any one has new business for next month, please contact Nan T. at 831-251-6227 Pacific Time (call or text.)
- B. Tradition One read by Nan T. after discussion.
- C. Virtual Intergroup Representative Motion to discuss by Norma W seconded Leah J. 100 Pounders may have up to 7 representatives. Clarification when the

VIG Meetings are (4th Sunday and 3 pm EST.) Gladys H, Eleni B, and Joanie K. expressed interest. Joanie K. withdrew her name although it is possible to call into Zoom meetings. Motion for Gladys H. to be a VIG representation made by Norma W. and second by Sue N. There were no objections, so Gladys H. is the new VIG representative.

- D. Motion to close the meeting by Norma W. and seconded by Lorraine.
- E. Serenity Prayer recited in unisome.