

August 3, 2026 Agenda

100 Pounder Group Conscience Meeting

- I. Meeting Call to Order
- II. Serenity Prayer
- III. Reading of 12 Steps
- IV. Read of 12 Traditions
- V. Establishment of Ground Rules
- VI. Minutes from Previous Meeting
- VII. Treasurer's Report
- VIII. Old Business
 - A. Clause on attending 6 meetings before making up your mind re: Overeater's Anonymous
- IX. New Business

*If you would like to place something on the agenda for the August meeting
Please contact Nan T. at 831-251-6227 Pacific Time (call or text.)*