September 7, 2026
100 Pounder Group Conscience Meeting

1. Meeting Call to Order 9:00

2. Serenity Prayer recited in unisome.

3. Reading of 12 Steps by Lorraine W.

4. Read of 12 Traditions by Laura T.

5. Establishment of Ground Rules shared by Nan T.

6. Minutes from Previous Meeting read by Vickie W.
   Motion to accept Maurine H. Seconded by Gladys H.

7. Treasurer's Report shared by Sue S.

Treasurer Report	July	August
Starting Balance	796.41	284.52
Beginning PayPal Balance	688.01	163.2
Contributions	105	145
Fees	6.96	9.1
Total PayPal Contributions	98.04	135.9
Transfer to Bank	200	
Total PayPal	163.2	299.1
Podbean Fee		
OA 30%	178.92	
VR 30%	178.92	
VIG 40%	238.56	
Service Charge	13.53	
Total Expenses	-609.93	
Ending Bank Account Balance	121.32	121.32
Ending PayPal Balance	163.2	299.1
Total Ending Balance	284.52	420.42

Motion to accept the July Treasurer's report by Sue S.
Seconded by Elleen.
Motion to accept the August Treasurer's report by Sue S.
Seconded by Gladys H.

Motion to accept the August Treasurer's report by Sue S. Seconded by Gladys H.

8. Old Business

A. Virtual Intergroup Reps
   1. Maureen can attend for 100 Pounders, but cannot vote since she represents the 11 pm meeting. She volunteered for Saturday.
   2. Bree shared her VIG Rep experience & volunteered for the Sunday intergroup rep
   3. 4th Sunday of the Month at 3 pm EST

B. Positions
   1. Friday Speaker Getter—contact Lorraine W.

C. Provision of different ways to call into 100 Pounder meeting.
   1. Vickie W. stated that she researched on apps available to make internet calls and how to change phone setting. We can put different internet connections stating we do not endorse any method.

      Bree opened for discussion seconded by
      - Explanation on why some people are charged and so are not. Conference numbers historically were funded by legacy phone companies. Some companies do not participate in funding conference lines.
      - Apps are tools to help with accessibility. It does not alter the meeting in any way. The phone meeting number is a conference number. Feels people would be happy to come back if they had a different way to contact the meeting. Adding ways to access is seen as service as in Step 12.
      - 100 Pounders Phone meeting pays for their website(s) and is strictly for the meeting's use.

- Discussion one person calls a free conference call for a morning meeting, but there is a man who has to stand as a responsible party for the conference call the app. Users have to communicate for him for business,
- T Mobile charges $10/1000 minutes a lot of people don't call and having a work around to connect
- Listing access and that we have not tested or endorsed any method of calling or connecting to our meeting. Vote to list access:
- Vote on placing information on the 100 Pounder website to help people to call into the meetings without being charged. Bree made the motion. Gladys H seconded—7 yes, 2 no, so it passed.
- Sample of wording to be available at the next meeting. (See October Agenda, page 2.)

D. VIG Rep

1. Nominate Bree: Gladys nominate intergroup rep for Sunday Vickie seconded—8 yes, 1 no
2. Accept Bree as VIG—Gladys nominate intergroup rep for Sunday Vickie seconded

9. Motion to close meeting—Sue S and Gladys to close

A. Serenity Prayer said in unisome.

If you would like to place something on the agenda for the September meeting Please contact Nan T. at 831-251-6227 Pacific Time (call or text.)